

## **Most Needed Items**

Des Moines Area Religious Council | 1435 Mulberry Street | Des Moines, IA 50309 | 515.277.6969 | dmarcunited.org

Non-Perishables			
☐ 100% juice	canned meat	beans	
canned vegetables	whole grain cereal	pasta	
canned fruit	pasta sauce	rice	
peanut butter	UHT milk	soup	
TIP: Look for items with low sugar, fat and salt.			
Non-Food Items			
formula and baby food	diapers		
personal care products	baby wipes		
feminine hygiene products			

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**TIP:** Larger sizes of diapers are needed the most.